**Balancing between work and life approach**

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Self-confidence is a key factors in any successful career, of course ,on condition that this advice can’t be dictated to people, because inner, inward or heartfelt affaires aren’t clinical, commending or by force actions , because these affaires are faintly and moral values , also more of them aren’t material subjects , like a person who became suffer martyrdom.

In truth, persons whose by Self-confidence aren’t an empty fanciful, but they having to intent for flying to sky, to climb for rising from vertical and high rocks or having a surprise imagine for saving drowned person , for being champion , being a great scientist , being captivate other sphere , if weren’t these imaginaries , will had weren’t theories ,scientists , discoveries , inventors and so on , so, our earth became empty from whose will done changed the world ( please refer the article of Trarealism in set of usefulness science in my private website is registered in LinkedIn ).

In according your view, human should be to have interest for challenging their aims, but it is important these aims should be to linked with social benefits and don’t have harms for themselves and other people, then, the subject of Self-confidence include two aspects that those are against together and this antagonism is a social paradox, therefore the framework of Self-confidence isn’t self-fundamental solution and it isn’t sufficient for managerial affairs alone, and must be perfect whit moral values , belief and to hold into undertaking according to suitable and covenantal contracts ( please refer to spirit covenant and social contracts in my website).

Building self -confidence and utilize of these potential into social systems, it depends on to appoint 3 sub-systems as follows:

1. Truth of truth to be centralized at usefulness science (please refer above mentioned it).
2. Ethics
3. Training from childhood by self- confidence approach

Tanks-M.Saneiour -11/3/2015