

## *In the of Allah, the beneficent, the merciful*

گرسنگی در آمریکا (Hunger in America)

مؤلف و مفسر: محمود صانعی پور

Compiler and interpreter: mahmoud saneipour

مقاله شماره 274 تحت عنوان "گرسنگی در آمریکا"

Article No. 274 as "Hunger in America"



Mahmoud saneipour

بیانیه من در مورد آمریکا:

آمریکا بیش از 100 مشکل اساسی دارد و در آینده نزدیک؛ نتیجه عقوبت از اعمال خود را تجربه خواهد کرد و همه مصائبی که اکنون دارد از ناحیه خودش است؛ تاریخ معاصر آمریکا نشان میدهد که همواره بین گزینه مطلوب و یا نامطلوب جهانی، بیشتر متمایل به انتخاب گزینه های نامطلوب و متناقض و با رویکرد های زورگویانه بوده و یک رهبری ظالمانه را در جهان دنبال کرده است، در واقع، انتخابی بین گزینه های نامطلوب در جهان بوده و بین **نوحیدین (lemma + di=Dilemma)** یا حد های نامطلوب گزینش داشته است و منظورش از رهبری جهان، یعنی ستم کاری و چپاول مردم جهان بوده که نتیجه آن فقیر نمودن بیش از 70 درصد مردم (بیش از سه میلیارد نفر) بوده که به آنها، آشغال (garbage) خطاب میکند و در کشور خودش آمریکا 49 میلیون، یعنی 16.1% مردم آمریکا گرسنه دارد و از نظر من (که امر مقدر است)، هر بلایی که به سر مردم دنیا آورده است، اینک به سر خودش آمده و راه فرار ندارد، آمریکا بجای اینکه از قواعد دانش مفید (useful knowledge) و منطق عقلی و عدالت برای اصلاح خود پیروی کند، و توبه کرده و از گذشته زور گوئی خود، جبران نماید، به جنگ تمام جهان (جنگ هسته ای، جنگ تجاری، جنگ روانی، ...) پرداخته و در چاه ویل خود در حال فرو رفتن است، این مقاله با محوریت "گرسنگی در آمریکا" با استدلال حدی (Dilemma) و قواعد دانش مفید تحریر شده است و نشان میدهم که با این قواعد از دوراهی ها و یا چند راهی های گمراه کننده نجات یابد، و با حذف الگوریتم

های خیالی و مجموعه های ریاضی تهی از حقیقت و قضایای خود بافته ، به راه سرگردان خود خاتمه دهد، مردم دنیا به فراست لازم دریافته اند که آمریکا بازی " آس خاله ات است ، بخوری پات ، نخوری پات" انجام میدهد و این هم مثل سایر لفاظی های سران آمریکا ، مثل نوع خاصی از شیگردهای ریاضی- پایه برای توصیف، تخصیص، ایجاد، توسعه، و تولید آنچه می خواهند و جزء اعدادی انتزاعی و غیر مشهود ، متناقض و گول زننده است ( آفتاب آمد ، دلیل آفتاب) و امور بدیهی عالم وجود را نمی توان به مسخره گرفت و سطح آرامش مصنوعی برای توده مردم آمریکا طراحی کرد و از طریق این سطح مصنوعی ، به چپاول مردم آمریکا و جهان پرداخت ، مردم هشیار جهان ، از نقش معرکه و شیطان پرستانه سران آمریکا ، پرده برداشته اند.

### **My statement into America:**

America has more than 100 problems and early, as a result of their actions will experience in future and all the suffering that has now been from itself, America's recent history shows that always desirable or undesirable option in the world, it wants to select undesirable and paradoxical option by unreasonable demands approach was and an oppressive leadership in the world has followed, infact, it's properties were between in undesirable options all the time, and between "**Dilemma=di + lemma**" ever ! And its aim to world leaders, the oppressed people of the world have been injustice and oppression that has been result more than 70 percent of the poor ( more than 3 billion people in the world) they, garbage calls!?, his own country, in America 49 million it means, America's hungry people is 16.1%, (That is the decried of God), everything that is brought to the people of the world, now come to their people and not escape commissioning at all. America rather than follow from useful knowledge, rational logic and justice for its reform, it has made global war as nuclear war, trade war, psychological warfare and so on. And it is sinking into bottomless well. This article has written by axle of "**Hunger in America** "and useful knowledge's rules and I show that it will saved itself from seducer two or multi- ways and to end its wandering ways through eliminating of imaginary algorithms and mathematical set null of truth and itself statements made. People around the world have found of necessary insight that America plays as" it is your aunt's pottage, if you eat it will charge to your own, if you not eat it will to your own too!" And, like other leaders of America's behavior such as certain types of basic mathematical techniques for descriptions, assign, create, develop, and produce what they want, and part of abstract numbers and non-obvious, so, it is erring and paradoxically (Sun was came the reason of Sun)

and Obviously the universe cannot be ridiculed and artificial comfort levels designed for America's mass people and through the artificial surface, To pay plunder the people of America and the world , the Global Awareness people , from the role of devil's brilliant and patriotic leaders of America, have uncovered.

**Poverty Stock Photos and Pictures | Getty Images (See Page 12)**

اشعار: از محمود صانعی پور ( poems : from mahmoud saneipour )  
نان تازه بکام آدمی شیرین است ( the new bread is sweet in mouth of a man )  
این نان بهریتیم ، قصه دیرین است ( this bread is a long story for orphan )  
یتیم نان مالید به شیشه پنیر و گفت : ( Orphan rubbed bread on the cheese glass and said :  
" معنی نان خشک و زردی رخسار ، اینست " ("it means crust and yellow face ,this is")

\*\*\*\*

گرسنه ، گرسنه است چه آمریکا ، چه عجم ( Hungry, hungry or America, what foreign )  
خائنان سیرند، هر جای جهان، آنان را چه غم ( traitors Satisfied, in everywhere, what made them sad! )  
گفتند ، فقیر، فقیر است ، چون هست ، فقیر (They said, poor, poor, because he is poor)  
ناطقی گفت: منطق ظالم، گردن است و شکم (A speaker said the ruthless logic, neck underparts )  
تمام قوه فرد شرور، در گردن او جمع شده ( All branches of the evil, gathered in his neck )  
جمله احکام شرارت از قلب بیرحم شده (all evil commands issue from ruthless heart )  
در گردن و اشکم او، رهبر او شیطان است ( in his neck and belly , his leadership is Satan )  
بهر چپاولش نگر، نیش او خندان است ( However plundering of him is oriented, then he is smiling )

\*\*\*\*

دیده بینا بر صورت کور خوش است! (Clear eyes is good on the face of blind optimism )!  
بانوی نازا را یک پور خوش است! (Baby into a barren woman is welcome! )  
وه! در دست یتیمی ، هست یک سکه زر! (Oh! An orphan, a Goldfinch ! )  
هیئات "آواز دهل از دور خوش است" (Alas , "Song drum away merrily" )

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من در مورد آمریکا مقالات چندی به رشته تحریر درآوردم ،از آن جمله مقاله " 100 مشکل آمریکا " ، " آمریکادر سال 2025" ، " ادبیات حقیقت با ادبیات غرب متفاوت است" و غیره که می توانید در سایت دانش مفید من به آدرس ( [www.elmemofid.com](http://www.elmemofid.com) ) ملاحظه نمائید ، درمورد فقر و گرسنگی آمریکا به نوشته و مقالات عدیده ، از نویسندگان دلسوز آمریکا ، اکتفا نمودم و اصل این گزارشات را در این تالیف آوردم ، نکات مهم آنها را به فارسی ترجمه کرده و در بخش زبان فارسی آوردم ، اینکه ترامپ با جهالت و غفلت از اوضاع وخیم آمریکا ، دیگر کشورها را به عنوان مختلف نظیر گرسنگی ، آشغال بودن و توهین های دیگر زیر سوال میبرد ، در حال بی خبری و خماری بوده و از داخل آمریکا خبری ندارد که این کشورش به میدان جنگ تبدیل شده ، و با داشتن 325 میلیون نفر جمعیت ، دارای 300 میلیون قبضه اسلحه های سبک و سنگین در بین مردم است ، و بطور کلی این آمریکا از لحاظ امنیت قضائی ، تبعیض نژادی ، عدم حفاظت از سوی پلیس ، فقدان امنیت اجتماعی و روانی و غیره ، دچار معضلات عدیده شده است بطوری برابر پیش بینی های علمی و دقیق ، شیرازه این کشور از خواهد پاشید ، مگر اینکه با رهبری سالم و مدیر و خیر خواهانه ، این مشکلات رفع شود و از اصل بداء (Bada) مفری پیدا کند .



**Mission Statement:**

To end hunger and illiteracy through the provision of nutritious meals and books to children, seniors and families in need by informing, engaging and mobilizing communities and partners.

**Meals Packed To Date**

**4,905,600**

[www.cnn.com](http://www.cnn.com)

I wrote about America many articles, amongst as "100 problems of America," the fate of America in 2025" and "the truth forum is deferent by the force forum "and other those are in ([www.elmemofid.com](http://www.elmemofid.com)), concerning of poverty and hunger in America I rely according to numerous articles from America's authors compassionately and I brought them in this compilation and in the part of person ,there are many important points about this matter, the fact that Donald John Trump by the ignorance of the dangerous situation relates America, undermines other counties on various grounds such hungry ,rubbish(he hasn't modesty speech) and other offensive vocabularies, also he is unaware and drunken headache and the news is not about America that there has been into as battlefield and With 325 million people , have 300 million light and heavy firearms among people and generally , this country has been numerous problems in terms of judicial security , Jim-crow, lack of police protection, lack of social security and mentally and so on , so that according to scientific and exalt forecasting ,headbands these countries, will

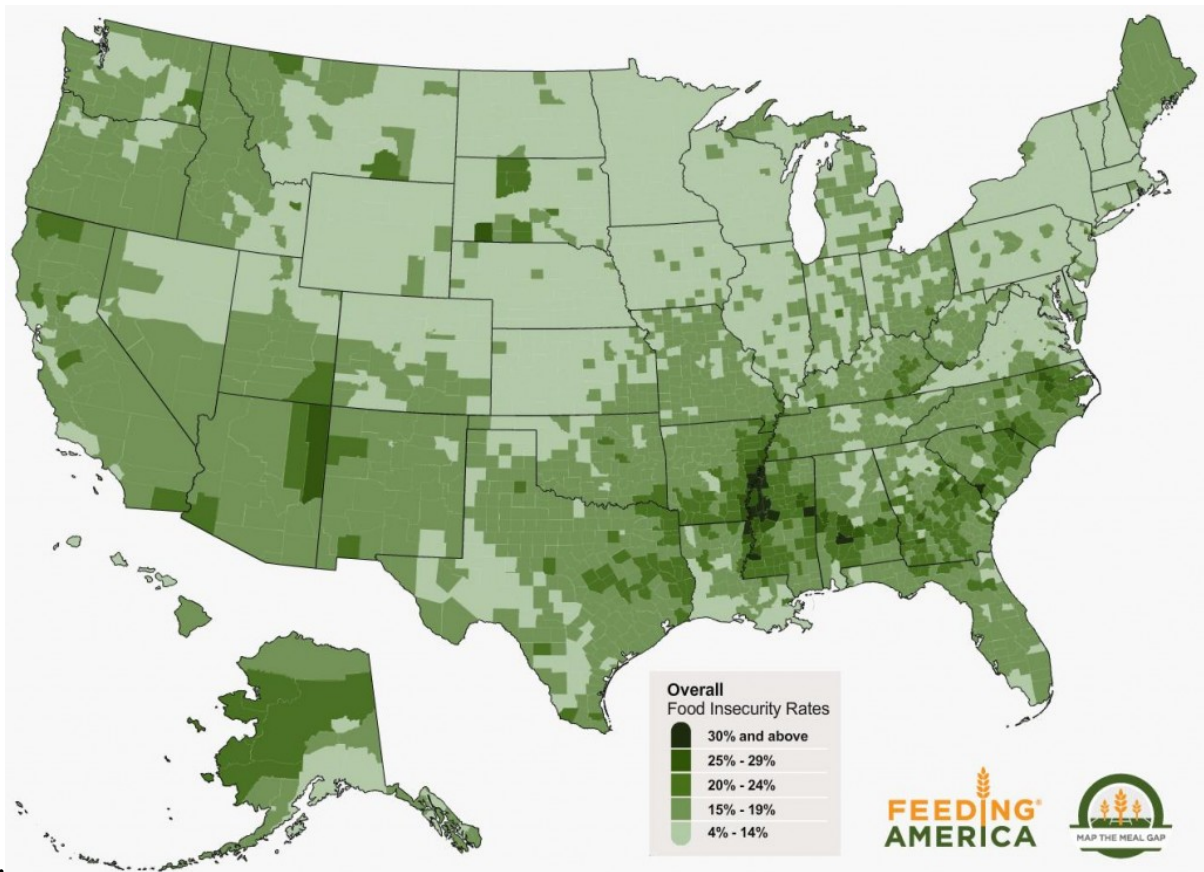
collapse , unless to remedy of these problems whit right and good managerial leadership and well-intentioned and the original “Bada” finds an outlet.

پیش‌تر نیز در ماه آوریل موسسه‌ی خیریه تأمین غذای آمریکا "Feeding America" گزارش سالانه‌اش را درباره‌ی گرسنگی در آمریکا را منتشر کرد که نشان می‌داد ۴۹ میلیون تن از آمریکاییان یعنی ۱۶ درصد جمعیت این کشور، در سال ۲۰۱۲ در شرایط ناامنی غذایی -گرسنگی- به سر می‌برده‌اند و این یکی از دلایل فروپاشی اقتصاد لیبرال و درراس آن امریکای ستم کار است( به مقاله من تحت عنوان "آینده آمریکا" در [www.elmemofid.com](http://www.elmemofid.com) مراجعه شود.

Earlier in April, the charity fund” Feeding America” released its annual report on hunger in America that was showing about 49 million Americans that 16 percent of the population, can appear in terms of food insecurity in 2012 and this is one of the reasons for the collapse of the liberal economy and especially in oppression America (refer to my article as “the fate of America in 2025”).

موسسه خیریه (Feeding America) بر گرفته از دیده باین آمریکا ( sentinel of America ) متنی را به شرح زیر ارائه کرده است :

1. تداوم و شیوع فقر در میان توده‌های مردم و رکورد درآمدهای اقشار محروم آمریکا بیانگر این واقعیت است که بهبود اقتصادی مورد ادعای مقامات رسمی تنها برای اشرافیت مالی منفعت داشته است. در همین سالی که گزارش مزبور از فقر و کاهش درآمد حکایت می‌کند، سود شرکت‌ها بسیار بالا رفته است و ارزش سهام نیز به دلیل سیاست تزریق پولی بانک مرکزی این کشور یک سوم افزایش داشته است. جالب این است که مقامات کاخ سفید این گزارش را ستودند و آن را نشانه‌ای بر بهبود شاخص‌های کلیدی در زمینه‌ی فقر و درآمدها دانستند اما واقعیت چیز دیگری است. این گزارش صرفاً تاییدی بر این نکته است که شرایط زندگی مردم فرودست در آمریکا هیچ بهبود واقعی‌ای نداشته است.
2. پیش از انتشار این گزارش، در ابتدای سال جاری بانک مرکزی آمریکا نیز گزارشی منتشر کرد که نشان می‌داد درآمد یک خانوار متوسط آمریکایی بین سال‌های ۲۰۰۷ و ۲۰۱۳ حدود ۱۲ درصد کاهش یافته است. گزارش فدرالرزرو حاکی بود که خانواده‌ی متوسط آمریکایی هم کنون سالانه ۶۴۰۰ دلار کمتر از سال ۲۰۰۷ درآمد دارد.
3. پس از بحران سال ۲۰۰۸ شمار فزاینده‌ای از مردم آمریکا نتوانستند برای خود خانه‌ی مستقل دست و پا کنند و به ناچار نزد والدین و یا آشنایان خود زندگی می‌کنند. شمار این افراد از ۱۷ درصد به ۱۹ درصد در سال ۲۰۱۴ افزایش یافته است. لازم به ذکر است که تأثیرات بسیاری از برنامه‌های کاهش هزینه‌های عمومی در این گزارش نیامده است



Food insecurity exists in every county and congressional district in the country. But not everyone struggling with hunger qualifies for federal nutrition assistance. Learn more about local food insecurity and the food banks in your community by exploring data from Feeding America’s annual Map the Meal Gap project.

[Play Map Overview](#)

Food Insecurity in the United States

Click on the map or use the search bar to start exploring.

Map Type

- County
- District

Year



- 2015
- 2014
- 2013
- The United States

## Food Insecurity Rates

1. 4-14%
2. 15-19%
3. 20-24%
4. 25-29%
5. 30% +

## District of Columbia

### 2015 Overall County Food Insecurity in the United States

Feeding America has published the Map the Meal Gap project since 2011, thanks to the generous support of [The Howard G. Buffett Foundation](#), [Nielsen](#), and the [Conagra Brands Foundation](#), to learn more about the face of hunger at the local level. You can learn more about [how we got the map data](#), read reports of [overall](#) and [child](#) food insecurity from previous years, and even access [data tables](#) by county and congressional district for each state.

### [HOW WE GOT THE MAP DATA](#) [OVERALL FOOD-INSECURITY REPORTS](#) [CHILD FOOD-INSECURITY REPORTS](#) [STATE DATA TABLES](#)

- [What is food insecurity and what does it look like in America?](#)
- [How is program eligibility determined?](#)
- [What is the safety net for people who are food insecure?](#)
- [How do you calculate the dollars needed and the meal costs?](#)

What is food insecurity and what does it look like in America?

Food insecurity refers to [USDA's measure](#) of lack of access, at times, to enough food for an active, healthy life for all household members and limited or uncertain availability of nutritionally adequate foods. Food-insecure households are not necessarily food insecure all the time. Food insecurity may reflect a household's need to make trade-offs between important basic needs, such as housing or medical bills, and purchasing nutritionally adequate foods.

Select your state and county from our interactive map above and start learning more about your neighbors struggling with hunger and the food banks that serve them. Read more about the findings of *Map the Meal Gap* in our [Report](#), access local food insecurity [data tables](#) by state or learn [how we got this data](#).

1 in 6 people in **America** face **hunger**. The USDA defines "food insecurity" as the lack of access, at times, to enough food for all household members. In 2011, households with children reported a significantly higher food insecurity rate than households without children: 20.6% vs. 12.2%.

[11 Facts About Hunger in the US | DoSomething.org | Volunteer for ...](#)

<https://www.dosomething.org/facts/11-facts-about-hunger-us> [Feedback](#)

## Hunger in America



Food insecurity exists in every county and congressional district in the country. But not everyone struggling with hunger qualifies for federal nutrition assistance. Learn more about local food insecurity and the food banks in your community by exploring data from Feeding America's annual Map the Meal Gap project.

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What is food insecurity and what does it look like in America?

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## The Hunger Games

Novel series

The Hunger Games is a trilogy of young adult dystopian novels written by American novelist Suzanne Collins. The series is set in The Hunger Games universe, and follows young characters Katniss Everdeen and Peeta Mellark.[Wikipedia](#)

**Author:** Suzanne Collins

**Number of books:** 3

**Country:** United States of America

**Characters:** Peeta Mellark, Katniss Everdeen, Finnick Odair, [MORE](#)

**Genres:** Utopian and dystopian fiction, Adventure fiction, Science Fiction, Drama, Action fiction

Books

[The Hunger Games](#)

2008

The Hunger Games Tr...  
2010

Catching Fire  
2009

Mockingjay  
2010

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The Mortal Instruments

Percy Jackson &

[Panem | The Hunger Games Wiki | FANDOM powered by Wikia](#)

[thehungergames.wikia.com/wiki/Panem](http://thehungergames.wikia.com/wiki/Panem)

**The name Panem derives from the Latin phrase panem et circenses, which literally translates into 'bread and circuses'. The phrase itself is used to describe entertainment used to distract public attention from more important matters.**

**[Talk:Panem](#) · [Dark Days](#) · [Commander Paylor](#) · [The Capitol](#)**

**You've visited this page 2 times. Last visit: 2/25/18**

The name **Panem** derives from the Latin phrase **panem ET** circenses, which literally translates into 'bread and circuses'. The phrase itself is used to describe entertainment used to distract public attention from more important matters. Where are the districts in Hunger Games? IN The Hunger Games, the nation of **Panem** (implied to be North America after some sort of post-apocalyptic

scenario) is divided into 13 districts and the Capitol. **District 12** is hinted to be in the **Appalachia Mountains**, and the Capitol is hinted to be in the **Rocky Mountains**. Dec 8, 2011

People also ask

Where are the districts in Hunger Games?

What are the 12 districts in the Hunger Games?

What is the meaning of Panem ET circenses?

"Bread and circuses" (or bread and games; from Latin: **panem ET circenses**) is metonymic for a superficial **means** of appeasement.

[Bread and circuses - Wikipedia](#)

[https://en.wikipedia.org/wiki/Bread\\_and\\_circuses](https://en.wikipedia.org/wiki/Bread_and_circuses)

Search for: [What is the meaning of Panem et circenses?](#)

What is the richest district in The Hunger Games?

What district is 10 in The Hunger Games?

What happened to District 11 in The Hunger Games?

Bread and circuses

From Wikipedia, the free encyclopedia

*This article is about a concept in political satire. For other uses, see [Bread and circuses \(disambiguation\)](#).*

"**Bread and circuses**" (or **bread and games**; from [Latin](#): *panem et circenses*) is a figure of speech, specifically referring to a superficial means of [appeasement](#). As a [metonymic](#), the phrase originated by [Juvenal](#), a [Roman poet](#) active in the late first and early second century [AD](#) — and is used commonly in cultural, particularly political, contexts.

In a [political](#) context, the phrase means to generate public approval, not by excellence in [public service](#) or [public policy](#), but by diversion, [distraction](#) or by

satisfying the most immediate or base requirements of a populace<sup>[1]</sup> — by offering a palliative: for example food (bread) or entertainment (circuses سيرك). Juvenal, who originated the phrase, used it to decry the selfishness of common people and their neglect of wider concerns.<sup>[2][3][4]</sup> The phrase implies a population's erosion or ignorance of civic duty as a priority.<sup>[5]</sup>

**The list of state's Hunger in America**

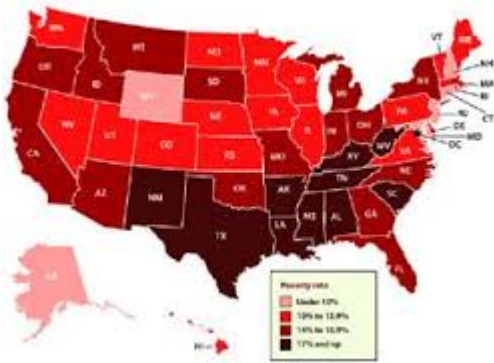
[Poverty Stock Photos and Pictures | Getty Images](#)

<https://www.gettyimages.com/photos/poverty>

## Many images of poverty in America



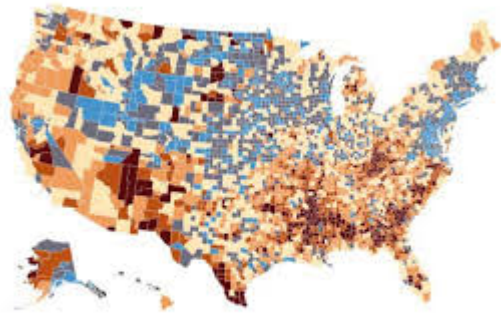
Poverty rates by state in 2009











Percent population below the poverty line  
5 10 15 20 25 30





Further information: [Grain supply to the city of Rome](#) and [Populares](#)

This phrase originates from Rome in [Satire X](#) of the Roman satirical poet [Juvenal](#) (circa A.D. 100). In context, the [Latin](#) *panama ET circenses* (bread and circuses) identifies the only remaining cares of a Roman populace which no longer cares for its historical birthright of political involvement. Here Juvenal displays his contempt for the declining [heroism](#) of contemporary Romans, using a range of different themes including lust for power and desire for old age to illustrate his argument.<sup>[6]</sup> Roman politicians passed laws in 140 B.C. to keep the votes of poorer citizens, by introducing a grain dole: giving out [cheap food](#) and [entertainment](#), "bread and circuses", became the most effective way to rise to power.

... Already long ago, from when we sold our vote to no man, the People have abdicated our duties, handed out military command, high civil office, legions — everything, now restrains itself and a **and circuses.**<sup>[7]</sup>

Juvenal here makes reference to the Roman practice of providing free wheat to Roman citizens as well as costly [circus games](#) and other forms of entertainment as a means of gaining [political power](#). The *Annona* (grain dole) was begun under the instigation of the *popularis* politician [Gaius Sempronius Gracchus](#) in 123 B.C.; it remained an object of political contention until it was taken under the control of the autocratic [Roman emperors](#).

What does hunger in America look like? Here's one way to visualize it. If all hungry American adults held hands and stood side-by-side, they would stretch

approximately 34,639 miles. Think about that: 34,639 miles. **That's long enough to stretch coast-to-coast 11 times.** This disturbing figure does not even include 17 million hungry children.

## **2016 Hunger Report — the Nourishing Effect: Ending Hunger, Improving Health, Reducing Inequality**

A new study commissioned by Bread for the World Institute shows that last year alone, hunger and food insecurity increased health expenditures in the United States by \$160 billion. The study is highlighted in the Institute's new report, [The Nourishing Effect: Ending Hunger, Improving Health, Reducing Inequality](#).

“Nowhere are the hidden costs of hunger and food insecurity greater than in health care,” said Rev. David Beckmann, president of Bread for the World. “Access to nutritious food is essential to healthy growth and development, and can prevent the need for costly medical care. Many chronic diseases — the main causes of poor health as well as the main drivers of healthcare costs — are related to diet.”

Food insecurity is associated with higher rates of depression, cardiovascular disease, high blood pressure, diabetes, and other physical and mental health conditions. Food assistance programs such as SNAP (formerly known as food stamps) and school lunches save money in the long run by improving educational and health outcomes.

Government resources that could go toward programs such as early childhood education or reducing the national debt are instead spent in emergency rooms and hospitals to offset the costs of hunger and food insecurity. The \$160 billion is equivalent to more than a third of the U.S. government's annual deficit.

The study was carried out by John Cook of Boston Medical Center and Children's HealthWatch, and Ana Paula Oblation of Universidade Federal de São Paulo in Brazil.

“The old adage that an ounce of prevention is worth a pound of cure has never been more appropriate,” said Asma Lateef, director of Bread for the World Institute. “Investments in federal nutrition programs are critical and much more

needs to be done to ensure that vulnerable and underserved communities have access to healthy foods.”

Ending hunger and food insecurity will allow millions of people to do better in school, be more productive at work, and live healthier lives. The Nourishing Effect offers recommendations for healthcare providers, anti-hunger advocates, and policymakers to help make a healthier, hunger-free U.S. a reality.

## **DOWNLOAD RESOURCES**

- [The Nourishing Effect: Ending Hunger, Improving Health, Reducing Inequality | The 2016 Hunger Report](#)
- [2016 Hunger Report Executive Summary](#)
- [Estimating the Health Costs of Hunger in America](#)

## **RELATED RESOURCES**

- [Visit the Hunger Report website](#)
- [Hunger costs the U.S. economy \\$160 billion in poor health outcomes and additional health care every year. Find out more.](#)
- [Browse more Hunger Reports](#)

- [\*\*Sentencing Reform and Corrections Act of 2017\*\*](#)

Unnecessarily long prison sentences, combined with the lack of rehabilitative programs for people in prison, exacerbate hunger, poverty, and existing inequalities. Overly harsh mandatory minimum prison sentences have contributed to the rapid increase of our country’s prison population. Bread for the World is a collective Christian voice urging our nation’s decision makers to end hunger at

home and abroad. By changing policies, programs, and conditions that allow hunger and poverty to persist, we provide help and opportunity far beyond the communities where we live.

Bread for the World is a 501(c)4 organization. Its two affiliates — [Bread for the World Institute](#) and the [Alliance to End Hunger](#) — are 501(c) 3 organizations.

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### **Reducing Gender Inequality**

The Hunger Project catalyzed the creation of a national alliance committed to ending all forms of discrimination against girls. Each year on September 30, this alliance organizes [National Girl Child Day](#) events across the country. A formal alliance of 500 organizations, the National Girl Child Advocacy Forum, also works to address domestic violence and the spread of HIV/AIDS.

In each union, we train and empower a team of women leaders, who are able to reach women secluded in their households with education on basic rights, halting child marriage and improving nutrition in the key “1,000 Day Window” from the beginning of a woman’s pregnancy to her child’s second birthday. More than 6,000 women’s leaders have organized themselves as the “**Unleashed Women’s Network**” (*Bikoshitonari*).

### **Strengthening Local Democracy**

**Shujan** (Citizens for Good Governance) is a platform of committed, active and socially conscious citizens, mobilized by The Hunger Project, to strengthen grassroots democracy, ensure transparency and accountability of local government, and carry out advocacy initiatives at the national level. Shujan is also working for political and election reform. In 2014, The Hunger Project and Shujan produced two reports on candidate demographics for the 10th National Parliament Election for 300 constituencies. The reports, whose objective was to allow access to information on high-powered candidates and candidate wealth growth rates since 2008, served as valuable resources for voters throughout Bangladesh, and resulted in a surge of first-time elected officials.



## Promoting Youth Leadership

Youth Leaders bring the creativity and leadership of the youth population to the forefront while stimulating a sense of social responsibility in more than 15,000 students nationwide each year. Together, they meet monthly in chapters across the country, planning activities to improve their communities with an emphasis on literacy and education. These leaders organize campaigns in their communities throughout Bangladesh on issues such as nutrition, education, family planning, tree planting and environmental education. They also arrange debates, math Olympiads, writing competitions, roundtables and blood donation camps.

## Volunteer Mobilization

As the mindset of dependency and gender discrimination begins to be transformed, and women and men commit themselves to a new future, The Hunger Project empowers them to build the social capital they need to fulfill their vision. We do this through establishing social units of highly trained volunteers. Each unit is trained in how to organize themselves, facilitate group action and reporting, communicate and handle decision-making. The Hunger Project has discovered that volunteers are often most motivated and inspired by working alongside others who share similar interests and characteristics.

### The Hunger Project

The Hunger Project, 110 West 30th Street, 6th Floor, New York, NY 10001

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Poverty affects our most basic needs: food, clothing, and shelter. An impoverished individual or family must always juggle their limited resources in attempting to meet these needs. Food expenditures are among the most flexible items in household budgets which are frequently squeezed when income dips or unemployment strikes. Nationally, the minimal cost to feed a family of four can run \$145 to \$287 a week. According to the USDA, more than one in seven American households – 49 million individuals, including 12 million children – struggles to have enough to eat. Hunger also increases the risk of illness and infection. Those who are chronically hungry are also more likely to be obese, leading to an increased risk of heart attacks, strokes, and diabetes.



The USDA also states that from 2007 to 2011, the years just before and after the Great Recession, the percentage of U.S. households with food-insecure children (lacking consistent access to adequate food) increased from 8.3 to 10% because households with unemployed adults and part-time workers comprised a larger portion of the total in the post-recessionary period than in the pre-recessionary period. Due to the nation's higher unemployment, the USDA Food Stamp Program (also known as the Supplemental Food Assistance Program – SNAP) has more people enrolled than at any time in its 40-year history (one in seven Americans). Hundreds of thousands of children suffer pangs of hunger as they await their first meal of the day – a free breakfast and/or lunch served at school. More Americans are facing food insecurity for the first time in their lives. A Tufts University study demonstrates that even mild malnutrition can affect a child's ability to develop appropriate cognitive skills.

### Local Hunger Statistics

High housing consumes over 50% of the family income in and around San Jose.

High housing consumes over 50% of the family income in and around San Jose.

Silicon Valley is one of the wealthiest places in the nation, but it is the tale of two valleys. This country - with a GDP of \$16.8 trillion - has the developed world's second highest rate of child poverty. In the Bay Area 1 in 4 children lives below the poverty line. In our region apartment rents average more than \$2,850 per month. It takes an annual income of more than \$114,000 for a family to pay their bills and put food on the table. The majority of the guests we serve earn less than \$20,000 per year. Therefore, many of them have no other choice but to work multiple jobs or share homes with multiple families. Few have the time or resources to prepare food, let alone acquire ingredients. The little food they may have may be eaten by another family.

Santa Clara University's Santa Clara County Hunger Index reports that the community's unmet need for food assistance has been skyrocketing. Using data from US Departments of Commerce and Agriculture, UCLA, and other Santa Clara County partners, The 2013 Hunger Index estimated 814 million meals were required for all low-income households in 2013. Dr. Starbird found that these families were able to afford enough food to provide 417 million meals, or a little

more than half their daily needs. Food-assistance programs provided 221 million meals, leaving 176 million "missing" meals.

Like many regions across the nation, Santa Clara County has “food deserts,” low-income neighborhoods without grocery stores with fresh fruits and vegetables at affordable prices, and a lack of adequate public transportation. This means that the local population tends to buy higher calorie, cheaper food, which is lower in nutritional value. The Hunger Study published by Second Harvest Food Bank and Santa Clara University’s Leavy School of Business states that hunger affects 44% of the children and 12% of the seniors in Santa Clara County.

Today poverty is rising among seniors faster than any other group. Two reasons for this are that the baby boom generation is retiring at the rate of 10,000 people per day, and that people are living longer and having to pay high medical costs.

51% of U.S. families headed by a person 65-74 had no money in retirement savings accounts in 2010.

Seniors experience more complications from chronic illnesses, leading to longer hospital stays - 20 percent of people over the age of 75 have five or more chronic illnesses. Malnutrition also increases the risk of falls - one in three seniors’ experiences a fall every year, and 30 percent suffer moderate to severe injury.

### Children’s Needs

According to the USDA, more than one in seven American households – 49 million individuals, including 12 million children – struggles to have enough to eat.

## Children’s hunger-needs

Although food assistance increased by 8% in 2011, the vulnerable households increased by 7% and the food need by 8%. The USDA also states that from 2007 to 2011, the years just before and after the Great Recession, the percentage of U.S. households with food-insecure children (lacking consistent access to adequate food) increased from 8.3 to 10% because households with unemployed adults and part-time workers comprised a larger portion of the total in the post-recessionary period than in the pre-recessionary period. Second Harvest Food Bank’s study also

paints an equally dire local picture – more than one in seven children in Santa Clara County face chronic hunger. Hundreds of thousands of children suffer pangs of hunger as they await their first meal of the day – a free breakfast and/or lunch served at school.

## Programs & Activities

Loaves & Fishes provides hot meals in eastern Santa Clara County to anyone in need including families and the homeless. Loaves & Fishes serves more than 7,000 meals each week or approximately 450,000 annually. We are committed to nutritiously balanced meals and are one of the few meal programs that do not rely on overly processed convenience foods, as locally grown, organic vegetables and fruit are served at each meal. Our garden provides fresh, nutrient dense and delicious seasonal produce.

The first objective of Loaves & Fishes is to meet the most basic nutritional needs of our low-income guests, providing some sense of food security. Secondly, by meeting a portion of a working-poor individual or family's food needs, they can then use the remainder of their precious resources to pay for other basic needs, such as rent, medical, or utilities. Once basic survival needs are met, guests can then strive to meet other “higher” goals, such as better employment and education, which can lead to true self-sufficiency. Nutritious meals and proper nutrition increase healthy functioning allowing better school and job performance, overall better health, and a more positive outlook on life.

For people facing hunger, poverty is just one issue

41 million Americans struggle with hunger, a number nearly equal to the 40.6 million officially living in poverty. Based on annual income, 72% of the households the Feeding America network served in 2014 lived at or below the federal poverty level with a median annual household income of \$9,175.

Though they often go hand in hand, poverty is just one of several issues tied to hunger. Unemployment, household assets and even demographics can also make it difficult to access the nutritious food people need to thrive.

Real Story of Hunger: Meet Victoria and Steven

Victoria and Steven were living the American dream comfortably with their son. But when they had to relocate to take care of Victoria's aging mother and aunt, they were forced to spend all their savings and found themselves with nothing. Steven and Victoria turned to their local food pantry for the help they needed. By providing meals to families in tough times, the Feeding America network of food banks is helping make sure all Americans can get — and stay — on their feet.

[Watch Victoria and Steven's story >](#)

Facts about poverty and hunger in America

Even in the world's greatest food-producing nation, children and adults face poverty and hunger in every county across America. In 2016:

- 41 million people struggle with hunger in the United States, including 13 million children. In 2015, 5.4 million seniors struggled to afford enough to eat.
- A household that is food insecure has limited or uncertain access to enough food to support a healthy life.
- Households with children were more likely to be food insecure than those without children
- 59% of food-insecure households participated in at least one of the major federal food assistance program — the Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps); the National School Lunch Program and the Special Supplemental Nutrition Program for Women, Infants and Children (often called WIC)

[For more statistics and information on this issue, download our Hunger and Poverty Fact Sheet >](#)

Feeding America works to lift people out of poverty

More than half of the households that the Feeding America network serves receive SNAP benefits, and nearly all Feeding America households with school-aged children receive free or reduced-priced lunch. Participation in these federal programs is just one indicator of how great the need is among the people we serve.

Thankfully, there is a Feeding America network foodbank that touches every single county in the country.

Give to Feeding America today

For every dollar donated, the Feeding America network of food banks secures and distributes 11 meals to people facing hunger — including those fighting through poverty.

We want to make the world a better, fairer place. We want to keep the powerful honest. And we believe that doing so means keeping society informed by producing quality, independent journalism, which discovers and tells readers the truth.

It's essential for the functioning of democracy. And our unique ownership structure means no one can tell us to censor or drop a story.

Katharine Viner, editor-in-chief, explains the Guardian's unique ownership model. But it's difficult and expensive work. While more people are reading the Guardian than ever before, far fewer are paying for it. And advertising revenues across the media are falling fast.

So if you read us, if you like us, if you value our perspective – then become a Supporter and help make our future more secure.

Most importantly of all, you'll appreciate every word that you read, in the knowledge that you've helped to bring it to the page.

The Guardian newsroom during a busy afternoon

Like many other media organisations, the Guardian is operating in an incredibly challenging financial climate. Our advertising revenues are falling fast. We have huge numbers of readers, and we are increasingly reliant upon their financial support.

We don't have a wealthy owner pulling the strings. No shareholders, advertisers or billionaire owners can edit our editor.

Our owner, the Scott Trust, safeguards our editorial independence from commercial or political interference. It reinvests revenue into our journalism, as opposed to into shareholders' pockets.

But while the Scott Trust ensures our independence, we need our Supporters, now more than ever before, to help secure our future.

We know that not everyone is in a position to become a Supporter. But if you can, you'll be an integral part of our mission to make the world a better, fairer place, for everyone.

## **HUNGER IN AMERICA**

According to Feeding America, **1 in 7** Americans struggles with hunger. Food insecurity exists in every county in America. Despite a gradual economic recovery and stock market rebound, wages for many Americans have simply not risen fast enough to cover the increased cost of living. To these Americans, food has become an **unaffordable luxury**.

**In 2015, 42.2 million people faced hunger in the U.S.** (Source: USDA).

According to the Feeding America Hunger Study 2014:

- 57% of client households served by Feeding America food banks said 66% had to choose between medical care and food, and 69% had to choose between utilities and food.
- In 2015, 43.1 million people (13.5 percent) were in poverty.

In 2010, an estimated 133 billion pounds of food from U.S. retail food stores, restaurants, and homes never made it into people's stomachs. (USDA)

## **CHILDREN AND HUNGER**

According to Feeding America, in 2015:

- 13.1 million children lived in food-insecure households
- 14.5 million Children in the U.S. lived in poverty.



**Although food insecurity is harmful to any individual, it can be particularly devastating among children** due to their increased vulnerability and the potential for long-term consequences. Children who are denied an adequate diet are at a greater risk than other low income children of not reaching their full potential as individuals. Children who are undernourished have trouble concentrating and bonding with other children and are more likely to suffer illnesses that force them to be absent from school. They consistently perform more poorly on standardized tests. Poor performance early in school is a major risk factor for dropping out of school in later years. According to labor statistics, educational attainment is perhaps the greatest indicator of job and income mobility, so **the impact of childhood hunger can be lifelong**. Studies have also shown time and time again that even mildly undernourished children may potentially suffer abnormal brain, cognitive, and psychological impairment that, if not corrected, can be irreversible.

In the U.S. Conference of Mayors' Report on Hunger and Homelessness (A Status Report on Homelessness and Hunger in America's Cities, December 2016) it was noted:

- Forty-one percent of survey cities reported that the number of requests for emergency food assistance increased over the past year.
- Of the requests for emergency food assistance, 63 percent were persons in families, 51 percent were employed, 18 percent were elderly, and 8 percent were homeless. (These categories are not mutually exclusive and the same person can be included in more than one.)

## **SENIORS AND HUNGER**

**In 2014, 5.4 million seniors over age 60 (9% of all seniors) were food insecure.** The number of older adults is projected to increase over the next decade and continue to rise in the following decade. In 2040, there will be 79.7 million older adults, more than twice as many as in 2000. In 2015, 9 percent of seniors (4.2 million older adults age 65 and older) lived below the poverty line.

- In 2015, under the Supplemental Poverty Measure, seniors make up 14 percent of people in poverty as compared with 10 percent under the official measure.

- In 2015, under the Supplemental Poverty Measure, medical out of pocket expenses (MOOP) increase the poverty rate among seniors (8% excluding MOOP, 14% including).

For seniors, protecting oneself from food insecurity and hunger is more difficult than for the general population. **Seniors require greater consideration towards their health and medical needs that can become compromised when there is not enough food to eat.** A study which examined the health and nutritional status of seniors found that food insecure seniors had significantly lower intakes of vital nutrients in their diets when compared to their food secure counterparts. **Food insecure seniors are at increased risk for chronic health conditions,** even when controlling for other factors such as income:

- 60 percent more likely to experience depression
- 53 percent more likely to report a heart attack
- 52 percent more likely to develop asthma
- 40 percent more likely to report an experience of congestive heart failure

(Source: Feeding America, Senior Hunger Facts)

## **POVERTY AND THE WORKING POOR**

**In the U.S., families with very low incomes run out of money at the end of the month.** Families cut back on how much they eat and then eventually skip meals **altogether on some days.**

In the U.S., hunger is not caused by a scarcity of food, but rather the continued prevalence of poverty. **To the surprise of many, most Americans (51.4 percent) will live in poverty at some point before age 65.** That means any one of us - or our friends or family members - may be affected.

به مقالات من در مورد فقر جهانی به سایت دانش مفیدمرآجه نمایندید [www.elmemofid.com](http://www.elmemofid.com)